US and World History

Immigration | Focus on health care

As last week’s #daywithoutimmigrants proved, our economy relies heavily upon the work of immigrants. Their jobs expose them to chemical, physical and environmental hazards that not only harm their immediate health, but also put them at a greater risk to develop noncommunicable diseases such as cancer and diabetes. Unfortunately, the US Government appears determined to reduce access for immigrants to affordable, quality healthcare that could prevent, diagnose and manage these complex conditions.

Recent attempts to curtail immigration from some Muslim-majority countries has targeted people suffering some of the worst human health crises in recent memory. By shutting out people from Syria, Iraq and Yemen in particular, we
are denying access to care for people whose health systems have been destroyed by warfare, leaving them sick, malnourished and traumatized.

Health is a human right. Hesperian will continue to publish materials to provide immigrants, refugees, their advocates and caregivers important health information. Our *Workers Guide to Health and Safety* can help them protect themselves in low paid and often dangerous jobs. Our *NEW Where There Is No Doctor* chapters are being used to train people working with immigrant communities on important health and safety issues. And our materials in over 15 languages in our *HealthWiki* provide information to immigrants in the languages they understand.

Those who have been historically marginalized, those who we have made a conscious effort to reach over our 40 year organizational history, are precisely those who stand to suffer the most from recent political changes. Hesperian's Board of Directors recently renewed our commitment to our founding principles and outlined our approach for the struggle ahead. We hope you'll join us.

**New Set for Organizers!**

Explore three action-based resources that provide concrete strategies and activities for organizing for better health in your community. **This set** offers *A Community Guide to Environmental Health*, *Health Actions for Women* and *Workers’ Guide to Health and Safety* for just $74.95, 20% off the regular price of $91.85 if purchased separately!
**Mobilizing Public Health**

On Tuesday, 2/28 at 10:00 am Pacific Time, join **Public Health Awakened** for a 1-hour webinar to learn what you can do within the field of public health and as a private citizen/resident with public health knowledge to organize for immigrants rights. **Sign up here.**

**REGISTER**

**New Bilingual Chapters Online**

Two new advance chapters from Hesperian's *NEW Where There Is No Doctor* have been released in the HealthWiki, covering **diabetes** and **cancer**. These resources offer education and support around prevention, diagnosis, and disease management that individuals in the US can use to improve health outcomes. Now available for free online in **Spanish** and **English**.

**READ**

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Hesperian is a nonprofit organization committed to providing clear, up-to-date health information to people worldwide. Please help us continue our work by making a donation or by buying directly from us.